

MURRIETA VALLEY HIGH SCHOOL NIGHTHAWK NEWS



Keeping our families connected

FEBRUARY 2022

Letter From Our Principal



Dear Parents and Students,

As we enter February, we have a lot of exciting things planned at MV and much to be proud of. This past week our nationally recognized Virtual Enterprise Team once again qualified for the National Championships which will be held in New York. Additionally, our Cheer and Stunt team took 1st in Southern California and have qualified for National Championships in Las Vegas and Florida. We are entering the last week of Southwestern League for our winter sports and multiple programs will be headed to the C.I.F. playoffs. In our efforts to engage all students there are 251 students who have signed up for track and field, which is a significant increase from previous years. Many spring teams and programs are still open to students wanting to participate. Visit the athletic office or your counselor if you are interested in joining a club, program, or sport.

Our winter dance is this Friday, February 4th after the basketball game and it will be an amazing opportunity for students to dance, ice skate, or hang out with friends. Next week we will hold our Academic Rally to recognize the amazing efforts of our students to be the best student they can be.

The 6-week grade period for the second semester ends of Thursday February 17th so make sure you connect with your teachers, attend Office Hours, or after school tutoring in the library for additional support. A quick reminder that February 18th and February 21st are non-student days because of Presidents Day.

Doing it the R.I.T.E. Way (Respect, Integrity, Teamwork, & Excellence),

Ryan Tukua, Principal Murrieta Valley High School

School Spirit

MURRIETA NIGHTHAWK ATHLETICS!

GO TEAM!

February 2022

[HTTPS://WWW.MURRIETAVALLEYNIGHTHAWKS.COM/](https://www.murrietavalleynighthawks.com/)

- Visit athletic website through the link above
- ACT December 11th
- NCAA Eligibility Center- Register your athlete here

CollegeBoard

NIGHTHAWK HIGHLIGHTS!!!

Let's go Nighthawks!
February

Want to play your sport while you continue your education?

Start here by following the link above to search schools that host your sport AND what you'd like to study.

Our Cheer and Stunt team took 1st in Southern California and have qualified for National Championships in Las Vegas and Florida!!



Your Athletic Director is Mr. Mott- [Email him here.](#)
Your Athletic Secretary is Karee Mason- [Email her here.](#)

STUDENT SUPPORT CENTER

- [AP KIP SHIPLEY EMAIL](#)
- [SECRETARY VERONICA RUIZ EMAIL](#)
- [SENIOR CONTRACT- CLICK HERE](#)
- [LOST MASK? PLEASE VISIT ROOM 814](#)
- [STUDENT HANDBOOK PDF](#)
- [CHECK OUT OUR PLUS PROGRAM HERE](#)
- [LOST AND FOUND IS IN ROOM 814](#)



The Support Team staff would like to thank our families for your consistent support! Together we can keep our students on the right path towards a successful year!

DID YOU KNOW??

- Please be sure to keep an eye on your discipline records! Did you know that your disciplines do not fall off each year? They just keep rolling over and will keep you on the "No Go" list until you take care of them. Keep an eye on your status to avoid any unfortunate denials to school events.
- Upcoming Wednesday morning detention dates are February 9th, March 2nd, 9th, 16th and 23rd.

HELPFUL ATTENDANCE INFORMATION

- If your student is going to be late, you can excuse the tardy by either calling our 24 hour message line, writing a note, or walking them up to the attendance window. This will avoid the tardies accumulating and ultimately resulting in detention. Just a friendly reminder tardies must be excused the same day.
- *For more Attendance information please click the link below

<https://www.murrieta.k12.ca.us/Page/7953>



Don't forget your parking permits!:) They are issued through bookkeeping.



WHY YOU SHOULD

JOIN INTERACT!

Make a difference in your community

Be a part of a bigger cause

Gain leadership skills & develop personal integrity

Meet new friends and have fun running local events

Scholarship opportunities through rotary

If you'd like to be a part of the Interact club stop by the front office to see Adelle Lynton OR reach out to Mr. Cantu.

Alynton@murrieta.k12.ca.us

Jcantu@murrieta.k12.ca.us

We have a project ready to go, we just need YOU!

LEADERS DON'T
CREATE FOLLOWERS
THEY CREATE
MORE LEADERS



FEBRUARY

[For Website Activities page follow this link](#)

MVHS ACTIVITIES

DATES TO REMEMBER

Feb. 4th Winter Dance

Feb. 10th Academic Rally

Feb. 18-21 Presidents Weekend



Geniel Moon
Activities Director

Murrieta Valley High School
951-696-1408 ext. 5259
gmoon@murrieta.k12.ca.us
CADA President Elect
State CIF Federated Council
CIFSS Executive Committee.

IT'S A GREAT DAY TO BE A NIGHTHAWK!!

MESSAGE FROM YOUR ACTIVITIES DIRECTOR

We have an upcoming club rush on February 8th at lunch. We'll be setting up tables along perimeter of the quad so if there's a preferred area that works best for you let me know and we can put your table there! Club rush is a great opportunity to gain members and spread purpose so please let me know if you're interested so we can put out a poster and table for you! If you have any questions just let me or

Ms. Moon know, hope to hear back from you!!

-Hannah Butler Club Commissioner

Club Advisors: If interested in participating in club rush please inform club members of setting up anything needed prior to the start of lunch.

A poster for a winter dance titled "Frozen In Time". The background is a soft, light blue with a large, detailed snowflake on the right side. The text is in a mix of white and light blue fonts.

*Frozen
In Time*
winter dance
February 4th
8-11pm
Jan. 18-25- \$25 w/ASB and \$30 w/o
Jan. 26-Feb. 2- \$30 w/asb and \$35 w/o
At the door: \$40 w/asb and \$45 w/o
On the blacktop featuring an ice skating rink, swings, wood fired pizza, coffee bar, water, s-mores, Carmel apples.

Congrats Nighthawks!



The MVHS Virtual Enterprise team, Desert Rose, was able to compete LIVE at a trade show for the first time in 2 years! This was, needless to say, an exciting and welcome event for the students after almost two years of all online competitions. I am happy to report that we picked up where we left off and had a great showing at the State competition in Bakersfield. Although the competition was scaled back a little bit from previous years with less competitions, we were able to place in almost all categories.

- Business plan made the top 8 and will advance to New York (There is one final round in February to determine places 1-8) (This is the 11th consecutive year that MV has qualified for the National Championship!)
- Marketing Plan – Qualified for the National Championship in New York
- Salesmanship - 2nd place in the State
- Video Commercial - 3rd place in the State
- Company Branding – Silver Award (6th-10th) place
- Employee newsletter received Honorable mention in the bronze category
- We doubled our projected sales for January tradeshow

Congrats Nighthawks!

MVHS

Students of
the Month
for
December
2021



*Congratulations
Nighthawks!*

**Kaitlyn Bartlett
Danielle Craig
Nicholas Cross
Taylor Devaney
Petra Escobar
John Fritzsche
Victoria Garcia
Jayden Hornbeek
Ethan Hunt
April Mayoral
Nicholas Mendoza
Zoe Norris
Adriana Sofia Rodriguez Ayala
Hamim Vali
Mariana Vicencio - Mendiola
Chelsea Walsh
Madeline Whitworth
Troy Wolfe
Anthony Ybarra
Ariana Zaragoza
Katja Zimmer**



MVHS

Students of
the Month
for
January
2022



*Congratulations
Nighthawks!*

**Jason Alfaro
Alyssa Appleby
Lydia Barreda
Katya Cross
Nathan Davila
Isabella Lacy
Ethan Li
Dakotah Medina
Lauren Mole
Nathan Nguyen
Calli Perryman
Marley Thralls
Miley Thunstrom
Samantha Troester
Addison Vaughan**



WELLNEWS

A MONTHLY WELLNESS NEWSLETTER

FEBRUARY 2022 • ISSUE 1 • VOLUME 7

EQUITY in Education

Students come to school with diverse backgrounds, abilities, talents, and challenges. Schools ensure equity by recognizing, respecting, and acting on this diversity. A common misperception is that equity means that all students are treated equally in all situations. In fact, high-quality schools have the capacity to differentiate instruction, services, and resource distribution to respond effectively to the diverse needs of their students, with the aim of ensuring that all students benefit equally. In short, equity in education is "fair outcomes, treatment, and opportunities for all students".

-Source: California Department of Education



HOW YOU CAN

MAKE A DIFFERENCE

Advocate for yourself and others

Empower each other to seek the support you need



Parents join one of our advisory groups!

Use your voice to help find solutions to inequities

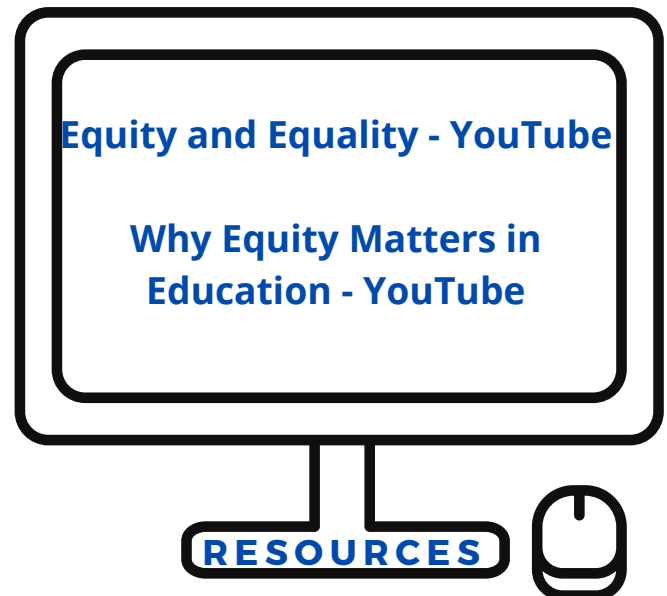
Reach out to your site leadership teams and share your ideas

For a list of the available groups click here

Equity and Equality - YouTube

Why Equity Matters in Education - YouTube

RESOURCES





MVHS FEBRUARY 22



COMMUNITY SERVICE OPPORTUNITIES

Thompson Middle School will start PAW (positive academic weekend-Saturday school) in September.

<https://tinyurl.com/493dryhu>

2/5, 3/12, 4/9, 5/21

Requirements:

Time: 8 a.m. to noon

Expectations:

Tutoring capability in one or more subjects: Math, Science, LA, and/or History

No cell phones out during the tutoring session

TMS dress code applies: no midriff, razor back, or low-cut tops, mid-thigh shorts. No weapons, drugs or violence portrayed on apparel, and no dropped arm-hole tank tops.

College Corps - <https://www.californiavolunteers.ca.gov/californiansforall-college-corps/>

Students who complete 450 hours of service with College Corps will receive the following benefits:

- \$7,000 stipend (living allowance), plus a \$3,000 Education Award;
- Academic credit (amount and type to be determined by each partner campus);
- A real-world job experience and skills to add to their resume;
- Access to training, networking, and professional development opportunities;
- A sense of pride and accomplishment in working toward a common purpose alongside young leaders from across the state.

COMMUNITY SERVICE OPPORTUNITIES CONT..



& Charity Pet Supply Drive BENEFITING



Join Us Sat., February 19th

10AM-4PM AT TEMECULA TOWN SQUARE

City Hall, 41000 Main Street, Old Town Temecula

- PET FRIENDLY & ANIMAL CRUELTY-FREE MAKERS
- FUN TRAIN EXPRESS
- BOUNCE HOUSE & ANIMAL CRAFTS
- TVHS IGNITE DANCE TEAM
11 - 11:30 AM
- THUNDER FROM LAKE ELSINORE STORM BASEBALL 11 - 12 PM
- DEPUTY PAT & K9 JACK
- DWAYNE THE MAGICIAN 12 - 2 PM
- SAXOPHONIST ROBERT SARWONO
10 - 11 AM/ 11:30 AM - 1:30 PM
- GUITARIST KEITH LAMPKINS
1:30 PM

Adoptable Pets Available

Activities for the whole family to enjoy!

🐾 PET SUPPLY WISHLIST 🐾

Gift Cards (Pet Stores, Target, Amazon) • Pet Toys • Pet Food • Pet Treats
Laundry Soap & Dawn Dish Soap • Trash Bags • Blankets • Beds • Crates

🐾 SPONSORS 🐾



For ore info contact Adelle Lynton @ front desk.



**PSI CHI, THE INTERNATIONAL HONOR
SOCIETY IN PSYCHOLOGY AT THE UNIVERSITY
OF CALIFORNIA, RIVERSIDE PRESENTS**

Psychology Winter Camp

19-20 February, 2022

**CAMP
REGISTRATION
CODE:**



ZOOM.US

**A FREE VIRTUAL CAMP TO ENCOURAGE, STIMULATE,
AND MAINTAIN THE EXCELLENCE OF MEMBERS IN
ALL FIELDS, PARTICULARLY IN PSYCHOLOGY, BY
PROVIDING UNLIMITED RESOURCES AND SUPPORT.**



: @ucrpwc



: ucriversidepwc@gmail.com



Nursing & Allied Health Career Exploration Event



Please join us for a **FREE** Virtual Career Exploration Event showcasing MSJC's Nursing & Allied Health Degree and Certificate Programs. Come explore all the many opportunities the Health Services field has to offer!

January 31st - February 4th
[Click Here to Register](#)

This is a Virtual Event that will be held through Vital Link App which will provide students access through their mobile devices and/or desktop browsers.



THE ALLIANCE TO ACCELERATE EXCELLENCE IN EDUCATION

The Family Alliance Community Exchange (FACE) program supports families in a nurturing environment of cognitive, social, and emotional success individually and collectively. Over the course of eight weeks, families are guided by a specific habit of mind or way of being (curiosity, flexibility, engagement, openness, creativity, integrity, responsibility, persistence), where facilitators support participants in developing productive ways of responding to life challenges and interacting with the world.

El programa Family Alliance Community Exchange (FACE) apoya a las familias en un entorno enriquecedor de éxito cognitivo, social y emocional individual y colectivamente. En el transcurso de ocho semanas, las familias están guiadas por un hábito mental específico o una forma de ser (curiosidad, flexibilidad, compromiso, apertura, creatividad, integridad, responsabilidad, persistencia). Los facilitadores apoyan a los participantes en el desarrollo de formas productivas de respondiendo a los desafíos de la vida e interactuando con el mundo.

ADULT ENGLISH CLASS

When: Tuesdays, February 15-April 12, 2022

**There will not be class on March 29.*

Time: 6:00-7:30 pm

Where: Zoom

REGISTER

<https://csusanmarcos.wufoo.com/forms/z14lvldo0tnmpp5/>

FACILITATOR



Dr. Theresa Meyerott

Executive Director of The Alliance & Interim Executive Director of Recruitment & Outreach at Cal State San Marcos

Directora Ejecutiva del program The Alliance y Directora Ejecutiva Interino de Reclutamiento y Difusión en Universidad Estatal de California de San Marcos

FAMILY ALLIANCE COMMUNITY EXCHANGE

FACE PARENT PROGRAM IN ENGLISH AND SPANISH

CLASE DE ESPAÑOL PARA ADULTOS

Cuando: martes, febrero 15-abril 12, 2022

**No habra clase el 29 de marzo.*

Horario: 6:00-7:30 pm

Donde: Zoom

REGISTRARSE

<https://csusanmarcos.wufoo.com/forms/z1e3x1ml0nowg6o/>

FACILITADORA



Nancy Murray

Spanish teacher at San Elijo Middle School
Maestra de español en la escuela intermedia de San Elijo



ALLIANCE TO ACCELERATE EXCELLENCE IN EDUCATION

Riverside Medical Clinic CHARITABLE foundation

WE HAVE SCHOLARSHIPS AVAILABLE

- **RMCCF College Scholarship Fund**
This fund provides recognition and financial support to graduating juniors and seniors currently attending Riverside County high schools who want to pursue a career in the medical field within the Inland Southern California area. Funds can be used for college application fees, supplies, or costs related to the study of their chosen field.
Ten \$500 scholarships will be awarded annually.
- **Founder's Scholarship Fund**
This fund honors the 19 doctors that founded Riverside Medical Clinic Foundation and Riverside Medical Clinic Charitable Foundation. This fund provides recognition and financial support to students currently enrolled in the health care field in the Inland Southern California area. Funds can be used for books, conference admissions, study assistance, etc.
5 Scholarships will be awarded at a maximum of \$250 per grantee on a quarterly basis.



*To apply for one of our scholarships, please visit www.RMCcharity.org

MVHS HEALTH SERVICES

HEALTH ANNOUNCEMENTS FOR STUDENTS



Student Immunization Records

You can access your student's school immunization record in your Aeries Portal during the school year, and print a copy for yourself. The school record contains immunizations required for school in California. A copy of your child's immunization record may be needed if you move out of the area or transfer to another school. Graduating seniors may need a printed record to take with them to college.

For your convenience! COVID TESTING INFORMATION

STUDENTS:

**Free PCR Test available on Monday and Wednesday - just walk in
7:00AM - 1:00PM in room 93 (in the MSJC portable buildings near the pool)**

***results are sent to you by email in 24 - 48 hour
Phone ext. 5993 -Appt QR code & link below**

****Questions? Call 951-696-1408 ext. 5274**

Free take home test kits are available at the Welcome Center booth (also known as the guard shack) at the front gate. They are one per student, just walk up to the window and ask.

Medications at School

Medications normally are best administered at home, but there are times when medication must be administered at school. If your child needs a medication during school hours please view our medication policy and procedure on our Murrieta Valley High School website or contact our school Health Office. Click on the link above for forms and information.

[Please visit our Health Services page by clicking here!](#)

Or call us we are here to help!

Health Office is open between 7:30AM - 3:00PM
951-696-1408 ext. 5257, or 5292 for the school Nurse.

Medications at School Link: [Health Services / Welcome \(murrieta.k12.ca.us\)](https://www.murrieta.k12.ca.us)

Where Can I Go For Tutoring or Extra Support?

MVHS has many options that offer help for all MV students! See the lists and times below; then choose what will work for you!

AVID College Tutors

[Available to all MV students]
AVID College tutors will be available Monday through Friday from 2:30-3:30pm in the Library.

English Learners Program Tutors

[Available to all English Learners]
(EL) Staff will be available Mondays, Wednesdays and Thursdays from 2:30-3:30pm in Room #622.

California Scholarship Federation Tutors

[Available to all MV students]
(CSF) student tutors will be available every Late-Start Wednesday morning from 7:30 to 8:30am in the Library.

National Honor Society Tutors

[Available to all MV students]
(NHS) student tutors will be available every Tuesday and Thursday from 2:30-3:30pm in the library.

Office Hours

Office Hours is a 30 minute block on most Thursdays and Fridays, designed for re-teaching, tutoring study groups, make-ups and enrichment. During this part of the day, all students may receive additional support from their teachers.



Phone tutoring available through Harvey Mudd College
Sunday-Thursday, 6:00-9:00pm
1(877)8ASKHMC (827-5462)

[HWHL-Brochure-English.pdf](#)
(murrieta.k12.ca.us)



Counselors:

Mrs. Castro R-Z & AP

Mrs. Thornburg M-Q & IB

Mr. Lockwood A-D & SDC

Mr. Vandenburg E-L, CTE & NCAA

Mrs. Mendoza Montoya AVID, EL, & 504

News

FROM OUR LIBRARY



[Click here to visit our library website!](#)



Students with a GPA of 3.85 may apply and they can find the information on the NHS portion of the school website. If they have any questions they can see me in room 710.

Thanks!

Ms. Erika Santa Cruz

RSP Teacher

c/o 2023 Advisor

Murrieta Valley High School

(951)696-1408

CSF (California Scholarship Federation) students tutoring support available on late start Wednesdays from 7:30-8:20 in the library for tutoring support in all academic areas.

OUR HOURS!

- Library is open on Mondays through Friday from 7:00am-3:30pm
- Wednesday late start mornings is open for Tutoring only.
- Devices are before/after school, lunch and break, ID card required
Contact Mrs. Gaines
[email: kgaines@murrieta.k12.ca.us](mailto:kgaines@murrieta.k12.ca.us)



Murrieta Valley 2021-22

CONTACT US:

PRINCIPAL - RYAN TUKUA

AP - STEPHEN DIEPHOUSE

AP - AMY IRWIN

AP - KIP SHIPLEY

COUNSELING:

RICK LOCKWOOD: A-D (SDC COORD)

JIM VANDENBURGH: E-L (NCAA/CTE COORD)

JULIE THORNBURG: M-Q (IB COORD)

NICOLE CASTRO: R-Z (AP COORD)

DINORA MENDOZA-MONTOYA: AVID, 504, EL

BETTY VELASQUEZ (GUID. TECH): A-K

VALERIE YOUNG (GUID. TECH): L-Z

ATHLETICS:

DARIN MOTT

KAREE MASON (SECRETARY)

ACTIVITIES:

GENIEL MOON, ACTIVITIES DIRECTOR

CINDY MUZIC (ACTIVITIES SECRETARY)

BOOKKEEPING:

KATHY LEFIELL

KAREN LAWRENCE

HEALTH OFFICE :

LUCY CARDENAS (NURSE)

CRIS GORRIA (HEALTH TECH)

NATALIE RIDDLE (SITE SECRETARY)

LORIE PINCHOT (AP SECRETARY)

VERONICA RUIZ (AP SECRETARY)

ADELLE LYNTON (SECRETARY)



*Go to our
website
for more info*